

# January 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																			
				New Year's Day 1	2	3																																																																																			
4 Intensive Life Training	5	6	7 Movement 7:00-8:00 PM Group 8:15-9:45 PM	8	9	10																																																																																			
11 Intensive Life Training	12	13	14 Movement 7:00-8:00 PM Group 8:15-9:45 PM	15	16	17																																																																																			
18 Intensive Life Training	19	20	21 Movement 7:00-8:00 PM Group 8:15-9:45 PM	22	23	24 Intensive Life Training Second All- Day 10:30 AM-7:30 PM																																																																																			
25 Intensive Life Training Week off no Class	26	27	28 Movement 7:00-8:00 PM Group 8:15-9:45 PM	29	30	31																																																																																			
		December 2008 <table border="1"> <thead> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> </thead> <tbody> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	Th	F	Sa		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				February 2009 <table border="1"> <thead> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28								Notes:	
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